



Sermon Notes

March 14, 2010
Good Luck With That
"The Luckiest"
David Ashcraft

**Is it possible for two people to fall in love and stay in love forever?*

*we make daily **choices** that greatly impact our ability to stay in love

1 Corinthians 13:4-6 - what makes love work

**in every relationship there is a gap between what's expected & what happens*

*in those gaps we either **choose** to believe the **best** or assume the **worst**

*what we put in the gap is driven by our **experiences** & previous relationships

*there will **always** be gaps - couples who stay in love **choose** to believe the best

"The One Thing You Need to Know" - Marcus Buckingham - he discovered:

***unhappy** couples have an **unrealistic** view of what the other person is like

***happy** couples also have an **unrealistic** view of what the other person is like

- *"The spouse's positive **illusion** creates an **upward** spiral of love"*

- come up with a **generous** explanation for the other's behavior - then **believe** it

1 Corinthians 13:7 - what makes love last

**choosing to assume the worst contributes to the demise of your relationship*

*your spouse does not want you to be **disappointed** with their performance

*the most **powerful** way to fill the gap is to believe the **best**

*believing the best creates **margin** and moves him/her **closer** in your direction

***before** even hearing an explanation learn to say, "**I trust** you."

*our hearts move **towards** environments of **acceptance**

*There will be gaps - the question is "What am I going to put in the gap?"
Happy couples have learned to **believe** the best and fill the gap with **trust***