



\*Reminder- take time to review your group's agreement whenever you have a new student, or your group needs a redirect/refocus.

Week 1

What are some examples of things a middle schooler might lie about?

Why do you think it's easy for us to believe something that isn't true, good, or right?

How does what you believe impact the way you live?

Of the lies we talked about today, which one is easiest for you to believe:

- a. I am what I have?
- b. I am what I do?
- c. I am what other people say about me?

On a scale of 1 to 10, how easy is it for you to be real with others?

Does that number change knowing that God created you to be real? Why or why not?

What might change about the way you lived if you chose to be real with yourself and others?

What's one lie you might be believing about yourself right now?

**Next Step:** What's one step you can take this week to see the Truth and choose to be real instead?