



If you had to spend 40 years doing one thing, what would you absolutely NOT choose?

What's something you've experienced that felt like it lasted forever?

Why do you think God wanted the Israelites to **remember** what He had done for them?

Read Deuteronomy 8:2-3. What does this passage say God was trying to teach the Israelites during those 40 years?

The Israelites sometimes forgot that God was taking care of them. What are some things that can make us forget about God when we're having a hard time?

What is one time when God helped you, provided for you, or got you through something difficult? How could remembering that help you when something hard happens again?

What's one simple way you can remind yourself this week that God is faithful?