



## WEEK 2

What's something small that can completely ruin somebody's mood or week in high school?

When people get hurt, what are some unhealthy ways they usually respond?

**Read Philemon 1:15-16.** What stands out about the way Paul talks about Onesimus?

The teaching talked about labels people carry. What are some labels students often believe about themselves after getting hurt?

Why is forgiveness so difficult sometimes?

The teaching said: "Forgiving people doesn't make it okay. It makes you free." What do you think that means?

What's one painful situation God may want to help you heal from or grow through?

What's one practical step you could take this week toward healing, forgiveness, or trusting God with your pain?