



Week 3

What's something you prefer to do by yourself?

What's something that's always better when you're with other people?

Have you ever felt alone, even when you were around other people? How did you handle that feeling?

Read 1 John 4:13–15

How does it make you feel knowing that God actually lives in you if you follow Jesus?

What are some ways you can remember that Jesus is always with you — especially when things feel hard or quiet?

How could you help someone else remember that they're not alone this week?

End your time by thanking Jesus out loud or silently for always being with you.