



Reminders

Week 2 - February 28 or March 3: Communion

What is a symbol or item in your life that may not be special to anyone else, but holds significance for you? Why is it important to you?

Read 1 Corinthians 11:23-26

Why is communion significant for followers of Jesus?

What is the main purpose for Christians to take communion?

What are some of the challenges of being a part of a spiritual family?

What are some of the blessings of being a part of a spiritual family?

Why is it important to reflect on one's life and relationship with God before participating?

How can reflection and self-examination contribute to spiritual growth?

Through Jesus' sacrifice, his followers enjoy freedom and new life. What does this mean to you personally?

Leader Note: Take the opportunity to talk through trusting Jesus with your group.