

# ON YOUR MARK

## Week 1

If you could instantly become amazing at one skill, what would it be?

What's one trend, phrase, food, game, or style you started liking because someone else liked it first?

Who is someone that has influenced your life in a positive way? What did they do?

Have you ever done something small for someone and realized later it meant a lot to them?

## Read John 6:8-14

Why do you think the boy was willing to give what he had to Jesus?

What kind of influence do you think you currently have on friends, teammates, or classmates? Which is harder for you: encouraging people, including people, or helping people? Why?

What is one thing you can do this week to push yourself to get better at encouraging, including or helping others?