



## What should you know before

### 1. Check out the packing list.

Don't wait until the night before to get everything together.

#### What to Bring

- 4 sets of clothes
- Sleeping bag and pillow or twin XL sheet set
- Toiletries
- Towel
- Bible and pen
- Spending money for the camp store
- Refillable water bottle
- Modest Swimwear - we ask everyone to choose swimwear that is comfortable while maintaining modesty during active play. Many two-pieces suits meet the standards of modesty, but boys' speedos and girls' bikinis often miss the mark for the highly active nature of our events.

#### What NOT to Bring

- Tablets/Video Games/Laptops
- Firearms/Fireworks
- Tobacco Products/Alcohol/Drugs
- Valuables (anything you wouldn't want to lose or break!)
- Energy drinks (Monster, Red Bull, 5 Hour Energy, and all other energy enhancement drinks and/or supplements)

\*LCBC reserves the right to confiscate any of these items.

\*LCBC is not responsible for the loss of any money or belongings.

### 2. Arrive at your location on time so that your student can get checked in.

There will be volunteers and staff members directing you where to go when you arrive.

*The Lancaster City and Willow Street locations will meet at Millersville at the Lombardo Center. Parents will drop off and pick up their students here. Parking is available across the street.*

### 3. Your student's room assignment was chosen based on several intentional reasons including location, group, age, etc.

LCBC staff has worked hard to organize rooming in a manner that allows every student to have a great weekend. If you have a serious concern about your student's rooming, please speak with your Campus Staff.

### 4. Once your student is checked in, staff and volunteers will be sure that your student is in good care.

To help transition our students well and take their minds off of being away from home, we ask that parents leave after checking in their students.

### 5. Cell Phones

We encourage students to unplug and fully engage at camp, so we discourage bringing cell phones. However, the final decision is up to parents/guardians. If you believe your student can be responsible, they may bring a phone and use it only during appropriate times, such as free time or for taking pictures. To help students stay present, **we will limit phone use at certain times, including Group time. Students must respect these limits.** If a phone is used inappropriately, it may be confiscated and returned at the end of camp. We understand the desire to stay in touch with your student, but frequent contact can sometimes increase homesickness or distraction. Our leaders are trained to recognize and support students dealing with homesickness. If needed, we will reach out to you to ensure your student has the best camp experience. Thank you for partnering with us to create a meaningful and distraction-free environment for all students!

### 6. Students will travel via busses or vans to Millersville University.

All vehicles will have appropriate levels of chaperones for the amount of students in that vehicle. Students CANNOT drive themselves to Camp and keep a car on the Millersville campus or at Penn Manor High School.

*The Lancaster City and Willow Street locations will meet at Millersville at the Lombardo Center. Parents will drop off and pick up their students here. Parking is available across the street.*

### 7. When students arrive at camp, they will get situated into their rooms and then head to the first gathering.

All gatherings include worship & biblical teaching.

# What should you know during

## 1. Follow along with us throughout the weekend on social media! @LCBCStudents

You can also watch our Experiences live on our [YouTube channel](#).

## 2. Staying hydrated will be very important as students will be outside.

Please make sure that your student brings along a refillable water bottle for the weekend.

## 3. Your student may want to make some purchases at our camp store.

This is where we will have High School Camp branded souvenirs! Please make sure your student knows that they are responsible for their cash and store purchases.

## 4. Please make sure that your student is aware of the policies and guidelines in this booklet.

We want them to be aware of all of the High School Camp policies and procedures before they arrive for the retreat.

**We will hold students to these expectations.**

## 5. You may be wondering what your role is for the weekend.

- **Pray** for your student's growth, safety, and friendships.
- **Prepare** them by setting expectations, packing wisely, and encouraging engagement.
- **Ask Questions** before and after camp to help them process their experience.
- **Limit Distractions** by allowing them to fully immerse in camp.
- **Support Growth** by encouraging them to apply what they learned. Your prayers and involvement make a lasting impact—thank you for being part of their journey!

## 6. Safety

Safety is a major priority for us. We have taken several steps to ensure that your student is safe and taken care of.

1. Your student will be assigned to a room with other students or leaders who are background checked and cleared to serve in LCBC Student Ministry.
2. In the case of an emergency, your student's leader or our staff will contact you via the information you provided during registration. If you are having a family emergency and need to reach us you can contact the LCBC Central Offices at 717-928-2155 (after hours answering service available).
3. We are bringing our own security and medical teams that will be present throughout the entire weekend at Millersville University.

## 7. Student Expectations

Students will be held to the following guidelines during the weekend:

- **Respect Others & Property** - Treat yourself, students, leaders, and camp property with care. No messing around with things like toilet paper, water balloons, glitter, shaving cream, body spray etc. towards each other, buildings or grounds.
- **Stay in Groups** - Students should always be with at least two other people (groups of 3+).
- **Follow the Schedule** - Be where you need to be, when you need to be there. Arrive on time for all activities.
- **Maintain Appropriate Boundaries** - No inappropriate physical contact, pranks, or hazing. Bullying, picking on others, and fighting will not be tolerated.
- **Dorm Rules** - Boys are not allowed in girls' dorms, and girls are not allowed in boys' dorms. Always change clothes privately in the bathroom (leaders included).
- **Prohibited Items** - Alcohol, tobacco, drugs, all weapons, fireworks, energy drinks/supplements are strictly forbidden.
- **Curfew & Security** - Be in your spaces by the designated time. Backpacks are not allowed in the auditorium or cafeteria (drawstring bags are acceptable).
- **Respect Camp Property** - Do not move furniture or lose your room key—fees may apply for lost keys or damage.
- **No food deliveries.**
- **Emergency Protocols** - Only dial 911 in a true emergency.

\*If a student is not able to respect these expectations, LCBC Staff will determine if a student should be removed from the experience. If a student's behavior requires they leave, parents/guardians will be responsible to pick their student up from camp as soon as possible in order to protect the experience of High School Camp for other students.

## 8. Medication

If your student brings medication to camp, let us know the type and purpose before arrival, including any updates. Our staff will keep this information confidential and accessible only to caregivers and emergency personnel. **Students must manage their own medication.** We cannot hold on to or dispense prescriptions, so ensure your student can take their medication as prescribed. Bring all medications to check-in in their **original prescription bottle**, labeled with name and dosage. If using a pill container, include a list of original medications. A medical volunteer will be on-site at all times. For concerns, email [studentministryevents@lcbcchurch.com](mailto:studentministryevents@lcbcchurch.com).

# Important Times

## CHECK-IN TIMES (THURSDAY)

Altoona	4pm
Center Valley	4:30pm at Harleysville
Coal Township	3pm at Columbia-Montour
Columbia-Montour	3pm
Clarks Summit	2:30pm at Dickson City
Dickson City	2:30pm
East York	4pm
Ephrata	5:15pm
Hanover	3:30pm
Harleysville	4:30pm
Harrisburg	3:30pm
Hazleton	3:30pm
Lancaster City	5:30pm at Millersville
Lebanon	5pm
Leesport	3:30pm
Manheim	4pm
Northern Dauphin	3:30pm at Harrisburg
Pottstown	4:30pm at Harleysville
Sinking Spring	5:15pm at Ephrata
Waynesboro	3:30pm
West Schuylkill	3:30pm at Harrisburg
West Shore	5pm
West York	4pm at East York
Wilkes-Barre	2:30pm at Dickson City
Willow Street	5:30pm at Millersville

## ARRIVAL TIMES (SUNDAY)

Altoona	4:30pm
Center Valley	3:30pm at Harleysville
Coal Township	4:30pm at Columbia-Montour
Columbia-Montour	4:30pm
Clarks Summit	4:30pm at Dickson City
Dickson City	4:30pm
East York	2:30pm
Ephrata	2:30pm
Hanover	3pm
Harleysville	3:30pm
Harrisburg	2:30pm
Hazleton	3:45pm
Lancaster City	1:30pm at Millersville
Lebanon	2:45pm
Leesport	2:45pm
Manheim	2:15pm
Northern Dauphin	2:30pm at Harrisburg
Pottstown	3:30pm at Harleysville
Sinking Spring	2:30pm at Ephrata
Waynesboro	3:30pm
West Schuylkill	2:30pm at Harrisburg
West Shore	2:45pm
West York	2:30pm at East York
Wilkes-Barre	4:30pm at Dickson City
Willow Street	1:30pm at Millersville

## TENTATIVE SCHEDULE

### Day 1

5-7pm	Student Arrival
8pm	Experience 1
9:30pm	Group Time
10:30pm	Night Time Activities
11:30pm	Lights Out

### Day 2 + 3

7:30am	Student Devotional Time
8am	Breakfast
9:45am	Experience 2/4
11am	Group Time
12pm	Lunch
1-5pm	Free time
1pm + 2pm	Optional Breakout Sessions
5pm	Dinner
6:30pm	Experience 3/5
8:15pm	Group time
9:45pm	Night time Activities
11:30pm	Lights Out

### Day 4

7:30am	Student Devotional Time
8am	Breakfast
9:45am	Experience 6
11am	Group Time
12pm	Lunch
1:30pm	Departure