

Sidetracked
Week 1 - October 7-9

Can you remember a time when you had a problem, whether it was forgetting homework or having a disagreement with a friend? How did it affect you emotionally?

Nehemiah felt really sad when he heard about Jerusalem's troubles. Have you ever felt overwhelmed by emotions because of a problem? How did you deal with it?

Nehemiah shows us the importance of turning to God when we face problems. Why do you think it's a good idea to seek God's guidance during tough times?

Nehemiah not only prayed but also took action to solve the problem. What are some ways you can take action when you face a problem, while also seeking God's guidance?

Think about a problem you're dealing with right now. How can Nehemiah's story help you? What steps can you take to seek God's help in finding a solution?