## Week 2

On a scale of 1 to 10, how disciplined are you at practicing something you want to get better at?

How do you personally feel closest to God? Is it through things like prayer, worship, nature, journaling, or something else?

Why might a high school student struggle to engage in those practices on a regular basis?

## Read Mark 1:35-37

What can we learn from Jesus' example about the value of connecting with God?

Instead of thinking about a checklist of habits, what's one way you can focus on enjoying time with God this week?

This week, how can we encourage each other to practice those habits for ourselves?

## **TRY THIS**

To develop a good spiritual habit as a group, read the Bible Reading Plan of the series together this week. Remind your students about it in your group chat and continue the conversation about each day's reading there.