



Week 3

Who is one person you look up to?

How might looking up to someone unintentionally lead to comparison?

What's one thing that makes you feel like you're not good enough?

Read Romans 12:2

What's one thing you think that God thinks is true about you?

Where did that belief come from for you?

What might change about the way you saw yourself if you believed God loves you just the way you are?

What's one untrue thought you may be thinking about yourself right now?

What's one truth you can replace it with to remind you of what God thinks about you?