



New to Me / Week 3

What's one trend you used to love but now you don't?

What's one activity you used to really enjoy but now you don't?

Is it easy for you to believe that God never changes? Why or why not?

How might trusting that God never changes help you handle the changes in your life?

Read James 1:2-4.

What does endurance mean to you?

How does living with endurance change our responses to new things?

In your own words, what does it mean to anchor to something?

As you face change, how can you anchor yourself to...

- a. God?
- b. Your faith community?
- c. The trusted people in your life?