



Real Talk

Week 3 - March 27 or 31

Burden: On Jesus' worst day and now even on the verge of death, Jesus could have done anything. He could have quit and taken himself off the cross, Instead, he prayed to God and told him how much he trusted him. We want students to pray this way.

Quickly share with the group some memories you have of kindergarten.

Next share a time where you needed to endure something difficult in order to experience joy from the outcome. (ex. Memorize lines, long practice hours, sprints, heath treatments)

How do you feel that you grew during those difficult times? Did you ever want to quit?

Read Luke 23:44-49

We know that it isn't a matter of **if** but **when** trouble will come our way. How can Jesus' example on the cross encourage us and give us steps we can take?

Have you ever thought about praying a pray of trusting God like Jesus?

What difference would it make in you if you were to pray something like this every morning as you enter your day or as you feel the weight of the "trouble" setting in.

"God, I don't know why things are this way and can't see the end of this, but you can. I am in Your hands."