

# HOW TO SEE GOD

## Week 3

If you had to guess, where does most of your attention go in a typical day? (Think about screen time, school, hobbies, friends, etc.)

In what ways can those things be helpful? And how can they become distractions?

On a scale from 1 to 10, how easy is it for you to control what has your attention?

Do you think it matters that we pay attention to what has our attention? Why or why not?

### **Read 1 Peter 5:8-9**

How might shifting your focus to see more of God in the world benefit you?

How can giving God a little more attention in your life help you connect with God?

If paying attention to God doesn't have to mean cutting out all the things you enjoy, what could it look like to invite God into those things?

How can this group encourage each other to refocus on God in a way that works for each of us?