

you CAN

Week 2

What's one thing that might keep a middle schooler from trying something new or seemingly difficult?

What's an example of a setback a middle schooler might face in...

- a. Their friendships?
- b. Their hobbies?
- c. Their choices?
- d. Their faith?

Why do you think some middle schoolers may struggle to try again after having a setback?

In what ways do you think your faith can help you bounce back?

Read Philippians 4:13. What do you believe this verse is actually saying?

What might change for you if you really believed following Jesus could give you strength to try again?

What's one challenge or setback you're facing right now?

What's one strength you have in your life to help you through it?

This week, what's one step you can take to try again in that area of your life?